

Youth meeting in Central Bohemia

Theme:

IMPLEMENTATION AND INTEGRATION OF HAPPINESS INTO A SOCIAL AND HEALTH CARE INSTITUTIONS

Date : 20.-25. October 2019 (CONFIRMED)

The teams will be expected to arrive prior to dinner

Place : Hotel accommodation in Nymburk

Number of participants: maximum of 10 people from each region - each group has to have a leader or teacher with them who will be responsible for one day leadership of all the participants : (dates to be confirmed – open to discussion)

Sunday : arrivals of the groups in the afternoon, check in, welcome speech, dinner, Let's get together jamming and games night

Monday : CENTRAL BOHEMIA

Tuesday : RHINELAND PALATINE

Wednesday : shared day and sightseeing

Thursday : FRANCE

Friday : what we have achieved, party together, lunch and departure

THE IDEA: the idea is that there are closed up buildings where people live and have not much special occasions in their lives – they might be old, lonely, young, healthy or disabled...but we can make a small change in their lives just to donate a bit of smiles, energy and do a bit of a show.

So:

We need to get together and bring our knowledge, energy, dances and music to their places, share our time with them and do a show for them and maybe ask them to join us in the dances, teach them the dance steps, play the music for them...

Each day:

Will be structured so we have half a day of shared workshops, dances and music practise and the another half of the day is filled in with a trip to a SOCIAL OF HELTH CARE ESTABLISHMENT (old people homes, orphans homes, disabled houses, mental illness houses , Alzheimer centres, etc.) where the show will be performed or the people living in the social care houses will be integrated in the program (**example:** a band from Poland will play traditional music, Czech team will be singing, French dancing and German will also join with musical instruments – they will create individual pieces but they can also create together as music doesn't need words. And the singers for example will join the dancers while the musicians will be playing for them. This program will be created but can be modified each day. So that's for the show – but maybe we will have kids who would love to learn how to

dance – and maybe they will have Down syndrome – so let's take them for the dance! Let's take the old guy for a dance! **Let's bring happiness to their lives! – so that is the integration:**

AND THAT IS THE AIM.

And in each town we will have an opportunity for sightseeing and I think the memories and the happy feeling and good karma should be the best benefits competencies, experiences they will get out of it together with the foreign language use, sightseeing trips and opportunities for new friendships.

Central bohemia will cover the cost of:

Local transportation

3 meals a day

Accommodation of a group of 10 person's maximum per region

Entry tickets / sightseeing